



PRESENTED BY

CHICAGO
STEMCELL
THERAPY

7:30 AM **Naperville 10k & 5K Start**

8:15 AM **Post Event Party Kicks Off**

10:00 AM **Post Event Party ENDS**

ATHLETE GUIDE
SUNDAY, June 13, 2021

WELCOME

On behalf of 10xEM, the City of Naperville, Naperville Running Company and our Sponsors, we would like to thank each and every athlete for joining us for the inaugural Naperville 10k & 5K presented by Chicago Stemcell Therapy

It has been a challenging 14 months for all of us. We are extremely grateful to be back hosting events. This year's running will be very unique. We have combined the Naperville Women's Half Marathon & 5K with the Naperville 10K & 5K. Please read this guide carefully.

The event we have planned for you sets up to be a fun day of fitness and music as the summer season kicks into high gear! Thanks in advance to our Volunteers, Sponsors, First Responders and Support Staff that will be working extra hard to make the Naperville 10K & 5K presented by Chicago Stemcell Therapy a special day for you!

Sincerely,

Your Event Team
10xEM



COVID PROTOCOL

On May 17 we moved into our Bridge Phase Order. Our Staying Safe During the Race map below shows our waves assigned by number not by pace groups. This allows us to safely gather in waves of 100. While developing our Staying Safe During the Race the CDC and ILDPH issued updated guidance for fully vaccinated people. Fully vaccinated participants are not required to have a face covering or mask during the event. We encourage participants who are not fully vaccinated continue to wear a face covering or mask at the gather points and in the postrace area, but it is not required.

Lastly, please stay home if you are sick.

EVENT SPONSORS



EVENT SCHEDULE

FRIDAY, June 11, 2021

NAPERVILLE RUNNING COMPANY – 34 W. JEFFERSON AVENUE | 630-357-1900

10:00 AM – 8:00 PM	Registration / Packet Pick Up
--------------------	-------------------------------

SATURDAY, June 12, 2021

NAPERVILLE RUNNING COMPANY – 34 W. JEFFERSON AVENUE | 630-357-1900

10:00 AM – 6:00 PM	Registration / Packet Pick Up
--------------------	-------------------------------

SUNDAY, June 13, 2021

CENTENNIAL BEACH PARK – 500 JACKSON AVE, NAPERVILLE IL, 60540

6:30 AM – 7:00 AM	Packet Pick Up (Limited to athletes with special request ONLY)
-------------------	----------------------------------------------------------------

7:15 AM	ALL Runners called into corrals
---------	---------------------------------

7:25 AM	National Anthem
---------	-----------------

7:30 AM	START - Naperville 10K and 5K PLUS Naperville Women's 5K
----------------	-----------------------------------------------------------------

9:30 AM	Race Course Closes
---------	--------------------

10:30 AM	Post Event Party CLOSING DOWN
----------	-------------------------------

PACKET PICK-UP INFO

The 2021 Naperville 10K & 5K will be using direct bib assignment for race packet pick-up. You will need your confirmation email with the QR code.

Athlete's must have a copy of their ID, and it's very helpful to have a copy of your confirmation email from active.com when you pick up your race packet.

Proxy Packet Pick Up – To pick up for another participant please bring a copy of that individual's ID – Proxy's are limited to 5 per person.

PACER GROUPS

There will be no pace groups for the 2021 event.

COURSE SUPPORT

Water Stations are located at miles 1.5 3, and 4.5 (Portable Restrooms are also located at or near each Water Stop)

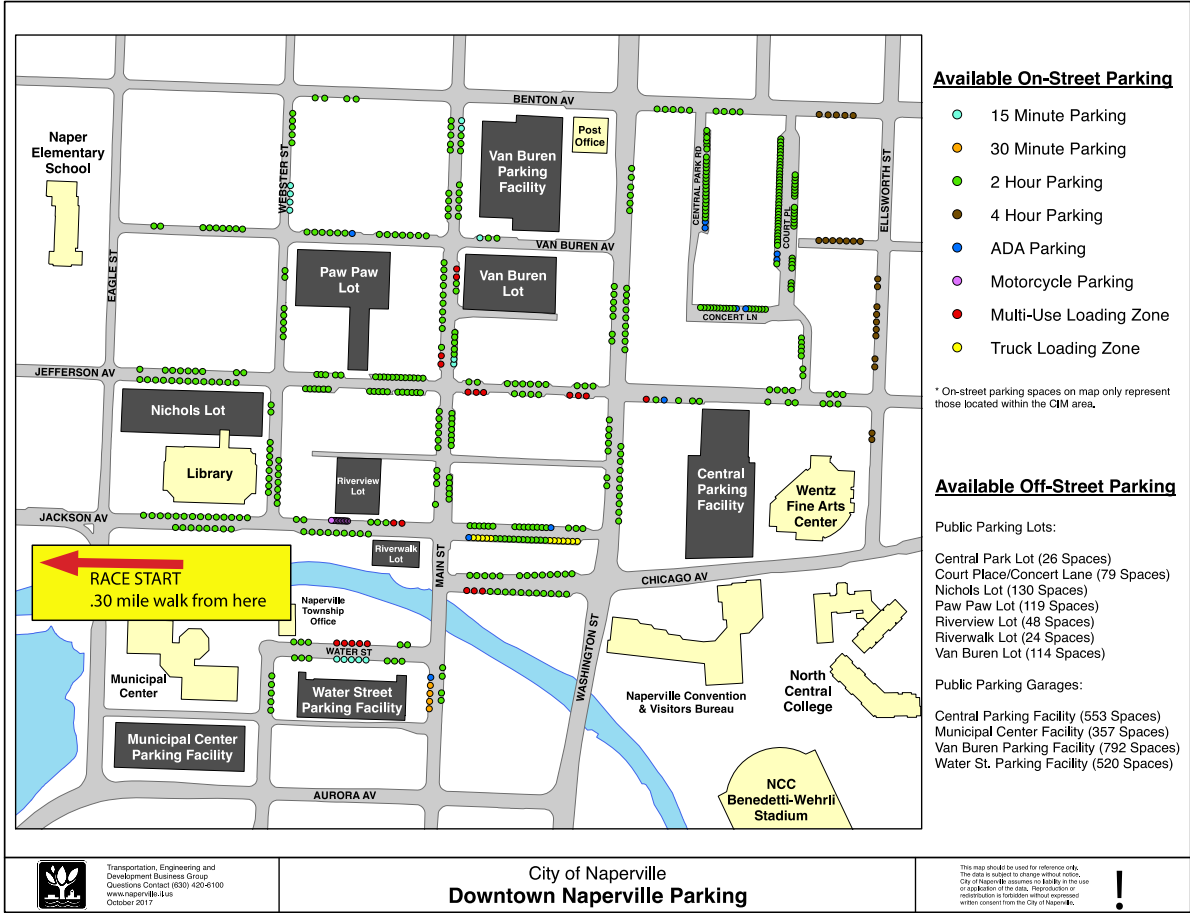
There will be water at all stations and Gatorade at mile 3.

TIME LIMIT – 10K

Naperville 10K has a 2 Hour Time Limit.

PARKING

Race Management is asking for all runners to utilize the parking lots in and around the [downtown](#) area of Naperville. DO NOT attempt to park at Centennial Beach Lot. Parking lots include:



GEAR CHECK

Athletes wishing to drop off a gear bag at the starting line in the gear check area may do so before 7:45 AM. (NOTE: To pick up this bag post event, you will need to have your bib number on for proper identification to the volunteers working in the gear check area.)

10K & 5K MAP

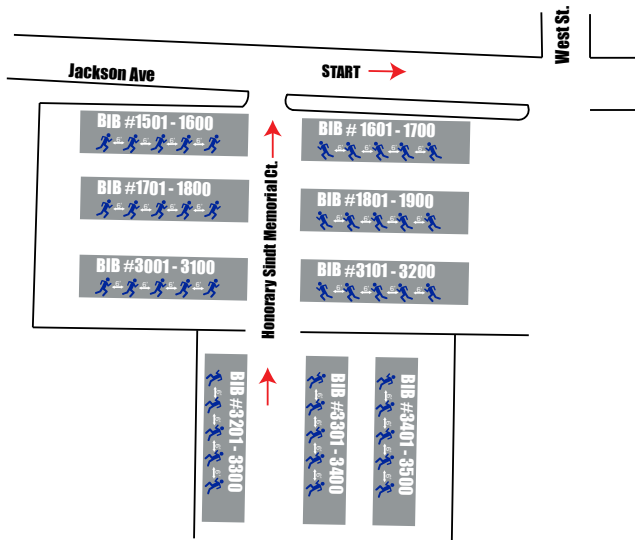


START & FINISH

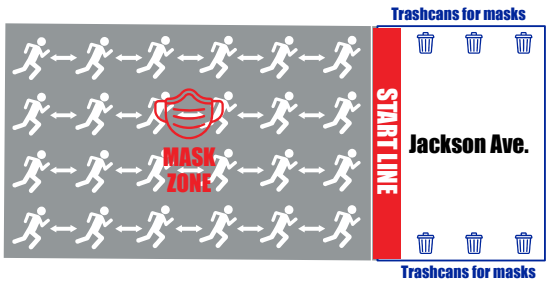


STAYING SAFE DURING THE RACE 10K / 5K - 7:30 AM START

CORRALS

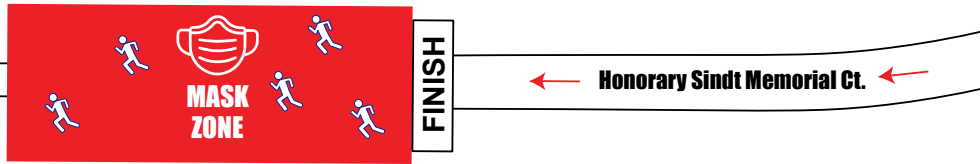


START



MASK REQUIRED AT START

FINISH



Wash Your Hands
 Wear A Mask
 Stay 6 Feet Apart
 Stay Home If Sick

RESULTS

Race results will be posted at <http://naperville10k.com/race-results/>.

If you have questions regarding your results, please contact our [Timing Company](#) for additional assistance.

PHOTOS



Get your personal race photos with FinisherPix! FinisherPix is the official photographer at **Naperville 10K & 5K**. Your personal race photos will be available at <http://www.finisherpix.com/e/3909>. Make sure your bib number is facing front at all times and don't forget to smile when you cross the finish line. Have a great race!

YOUR BEST PHOTOS!

- Ensure you have your race number facing front and visible at all times
- Look out for our FinisherPix photographers on course and SMILE 😊
- Look up when you cross the finishline and smile BIG!

ALREADY CONNECTED?

[Email](#) | [Website](#) | [Facebook](#) | WeChat: finisherpix

CONTACT

For any additional questions, please email info@race10x.com

We would love for you to follow us on our social media channels. Check out our Facebook account and tag us in your race day photos with #Naperville10K!



[@Naperville10K](#)